

I have always been told that I find it difficult to shut my mouth for a second. I have to say, it has been a struggle for a while now. But there I was in the back of the car heading home, in pure silence, right after we wrapped up the first 3 days of the experiment. The silence came down to feeling grateful, overwhelmed, impressed, curious, inspired and empowered, all at the same time. I think it takes way less for a person to become a bit silent right.

What is the first thing that comes to mind if you think about movement? Do you think about it as a way of physical movement? Movement in time? Stability? Movement in a crowd? I can assure you that there will be a dozen different type of answers. All of us will have an unique and different point of view which makes all ideas interesting, relevant and more importantly needed. And very much needed when thinking about a possible (unthinkable) future.

The unthinkable experiment allowed us to discover that in different ways. During the first phase we got the time and freedom to discuss the concept of movement at Labiomista - LaMouseion. LaMouseion, described by Koen VanMechelen as a place that is meant to bring people together from different backgrounds to discover, to reflect and to learn without any limitation. So with a group of 8 in one wooden box, we surely did try. The many discussions in group were easily followed by lots of silences as well. I was amazed by how liberating it was to be silent and alone. I have learned that there is lots of power in silence and it doesn't mean that there isn't something happening. And it might be the other way around for a fellow participant. There were many thoughts on the table and one thing I remember is that we all-in some way desire to be more slow, which is not the first thing that comes to mind when hearing movement, yet it is still a form of movement. Isn't that interesting? And like this, I could tell you a dozen more examples of how we have interpreted movement. We ended the days at a very cosy farm with the most generous host, or should I say hosts, as we may not forget about the chickens, cows, the cat, dog and ostrichs.

A couple of days later, the second phase of the program took place where 3 groups of 8 beautiful people came together. Each group has thought about movement and what an unthinkable future could look alike. We got the opportunity to meet the transdisciplinary team which consists of amazing people with each a different discipline. To receive feedback and

to be in conversation with them was many things but most of all so hopeful. Imagine two groups of different generations coming together and talk about the future. And just when you think you cannot make something possible, you gain the confidence and feel like you can, as a result of this reunion and these people who believe in you.

Every idea got the attention it deserved and they challenged us with questions such as:

- What is stability in terms of movement? Are stability and equilibrium the same?
- How do you navigate which direction you would like to explore further?
- Stability can be good for one context and bad for another?

And these are only a few of many...Imagine how such an inspiring that must have been.

We travelled to Brussels to discover movement from a different point of view. We started with a city tour around Brussels focusing on the social entrepreneurship and later on the day we went on a more physical meaning of movement. I highly recommend to check out the pictures. :) Finally, we all came back to Labiomista to further work out our projects and ended it with the beautiful vernissage.

When I was asked to write this close letter, I realised how exceptional these moments were. What a blessing to be a part of this experiment with all these genuine, intelligent and kind people. Realising that we are all so different, yet so similar in what we try to achieve. Caroline Pauwels would describe it as a *Amor Mundi* that you can find in each and one of us, a common appreciation for this world and the human experience. Therefore, I would like to take a moment to thank people that has made this possible:

- Thanks to Koen VanMechelen who made this possible in the first place and believes initiatives like these are crucial as it allows us to at least catch up with an all time changing society.
- Thanks to All universities involved such as VUB, KUL, U Hasselt, Global Campus of Human Rights, Mouth Foundation, Opundi Genk
- WeKonnekt VUB
- Erasmus +

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- The Transdisciplinary team
- And the last but certainly not least, the amazing people within Labiomista where there was unlimited daily support from their side and provided us with basically anything we asked. Thanks Petra, Emilio and crew!